

MA, 18 NOV	DI, 19 NOV	WO, 20 NOV	DO, 21 NOV	VR, 22 NOV	ZA, 23 NOV	ZO, 24 NOV
09:30 - 10:30 Sculpt Group Classes Studio Cindy Passarella	10:00 - 11:00 Core Group Classes Studio Jims Evere	10:00 - 11:00 Pilates Group Classes Studio Anne-Michele Franken	10:00 - 11:00 Sculpt Group Classes Studio Tshilobo Kitumba mukinay	10:00 - 11:00 Animal Flow Group Classes Studio Jims Evere	09:30 - 10:30 Zumba® Group Classes Studio Sabrina Verboomen	09:30 - 10:30 TAF Group Classes Studio Anne-Michele Franken
10:30 - 11:30 Mobility (SGT) Group Classes Studio Cindy Passarella	10:30 - 11:30 Yoga Body & Mind Cube Sandra Zidda	11:00 - 12:00 Healthy Back (SGT) Fitness Floor Chloé Meunier	10:30 - 11:30 Yoga Body & Mind Cube Sandra Zidda	11:00 - 11:45 Squat Bench Deadlift (SGT) Fitness Floor Alain Tokou	10:30 - 11:30 Boxing Group Classes Studio Gerald Vata	10:30 - 11:30 Pilates Group Classes Studio Anne-Michele Franken
12:00 - 13:00 Start To Workout (SGT) Chloé Meunier	11:00 - 12:00 Women's Strength Training (SGT) Fitness Floor Chloé Meunier	12:15 - 13:00 Les Mills Bodyattack™ Fitness Floor Thierry Amirat	18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Chloé Meunier	12:15 - 13:00 TAF Group Classes Studio David Basdas	11:00 - 11:45 Weight Loss (SGT) Fitness Floor	
18:00 - 19:00 TAF Group Classes Studio Thierry Amirat	18:00 - 19:00 Crosstraining Fitness Floor Alain Tokou	17:00 - 18:00 Start To Workout (SGT) Fitness Floor Chloé Meunier	18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Deborah Noel	18:00 - 19:00 Start To Workout (SGT) Fitness Floor Chloé Meunier		
18:30 - 19:15 Healthy Back (SGT) Fitness Floor Maximilien Goraj	18:00 - 19:00 TAF Group Classes Studio Anne-Michele Franken	18:00 - 19:00 Boxing Group Classes Studio Tshilobo Kitumba mukinay	18:30 - 19:30 Yoga Maya Alvini	18:30 - 19:30 Yoga Body & Mind Cube Maya Alvini		
18:30 - 19:30 Yoga Body & Mind Cube Maya Alvini	19:00 - 20:00 Pilates Group Classes Studio Anne-Michele Franken	18:00 - 19:00 Crosstraining Functional Zone Alain Tokou	19:30 - 20:30 Zumba® Group Classes Studio Sabrina Verboomen			
19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Thierry Amirat		19:00 - 20:00 Sculpt Group Classes Studio Tshilobo Kitumba mukinay				

MA, 25 NOV	DI, 26 NOV	WO, 27 NOV	DO, 28 NOV	VR, 29 NOV	ZA, 30 NOV	ZO, 01 DEC
<p>09:30 - 10:30 Sculpt Group Classes Studio Cindy Passarella</p>	<p>10:00 - 11:00 Core Group Classes Studio Jims Evere</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Anne-Michele Franken</p>	<p>10:00 - 11:00 Sculpt Group Classes Studio Tshilobo Kitumba mukinay</p>	<p>10:00 - 11:00 Animal Flow Group Classes Studio Jims Evere</p>	<p>09:30 - 10:30 Zumba® Group Classes Studio Sabrina Verboomen</p>	<p>09:30 - 10:30 TAF Group Classes Studio Anne-Michele Franken</p>
<p>10:30 - 11:30 Mobility (SGT) Group Classes Studio Cindy Passarella</p>	<p>10:30 - 11:30 Yoga Body & Mind Cube Sandra Zidda</p>	<p>11:00 - 12:00 Healthy Back (SGT) Fitness Floor Chloé Meunier</p>	<p>10:30 - 11:30 Yoga Body & Mind Cube Sandra Zidda</p>	<p>11:00 - 11:45 Squat Bench Deadlift (SGT) Fitness Floor Alain Tokou</p>	<p>10:30 - 11:30 Boxing Group Classes Studio Gerald Vata</p>	<p>10:30 - 11:30 Pilates Group Classes Studio Anne-Michele Franken</p>
<p>12:00 - 13:00 Start To Workout (SGT) Chloé Meunier</p>	<p>11:00 - 12:00 Women's Strength Training (SGT) Fitness Floor Chloé Meunier</p>	<p>12:15 - 13:00 Les Mills Bodyattack™ Fitness Floor Thierry Amirat</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Chloé Meunier</p>	<p>12:15 - 13:00 TAF Group Classes Studio David Badas</p>	<p>11:00 - 11:45 Weight Loss (SGT) Fitness Floor</p>	
<p>18:00 - 19:00 TAF Group Classes Studio Thierry Amirat</p>	<p>18:00 - 19:00 Crosstraining Fitness Floor Alain Tokou</p>	<p>17:00 - 18:00 Start To Workout (SGT) Fitness Floor Chloé Meunier</p>	<p>18:30 - 19:30 Les Mills Bodypump™ Group Classes Studio Deborah Noel</p>	<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Chloé Meunier</p>		
<p>18:30 - 19:15 Healthy Back (SGT) Fitness Floor</p>	<p>18:00 - 19:00 TAF Group Classes Studio Vanessa Nellessen</p>	<p>18:00 - 19:00 Boxing Group Classes Studio Tshilobo Kitumba mukinay</p>	<p>18:30 - 19:30 Yoga Maya Alvini</p>			
<p>18:30 - 19:30 Yoga Body & Mind Cube Maya Alvini</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Vanessa Nellessen</p>	<p>18:00 - 19:00 Crosstraining Functional Zone Alain Tokou</p>	<p>19:30 - 20:30 Zumba® Group Classes Studio Sabrina Verboomen</p>			
<p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Thierry Amirat</p>		<p>19:00 - 20:00 Sculpt Group Classes Studio Tshilobo Kitumba mukinay</p>				